Domestic Packing List

• ⊠ [✓ admin, 2025-10-06] CREATE website handbook of
 □ [✓ admin, 2025-10-06] flight info
○ ⋈ [✓ admin, 2025-10-06]airline customer service number
 □ ✓ admin, 2025-10-06] hotel address (linked), phone number, hotel shuttle
• SAVE and FAVORITE on phone

• BUY before leaving**
 □ frozen meal ready at home for return date
 □ protein bars for flight over and back
• \square EDC
∘ □ pen (2)
·
 □ pocket notebook
∘ □ credit cards (2)
∘ □ state ID
• Personal Effects
 □ contact friends in destination city
 □ haircut within 4 weeks
○ □ empty water bottle
∘ □ normal notebook
□ reading book
∘ □ noise-cancelling headphones
• Electronics
○ □ USB-A> Thunderbolt
∘ □ USB-A> USB-C
∘ □ USB-C> wall
○ □ wall outlet adapter
○ □ laptop with charger
□ phone with charger
∘ □ iPad or Switch
∘ □ powerbank
• DOWNLOAD onto phone
∘ □ transit app
∘ □ hotel app
∘ □ conference app
∘ □ airline app
• □ Clothes
∘ □ Fly Days
■ □ slip-on shoes
■ □ compression socks
■ □ jacket
■ □ button down with chest pocket
·
 □ Ground Days □ shoot (practical)
■ □ shoes (practical)
■ □ shoes (formal)
■ □ socks
■ underwear
■ □ ties

Last ui	ndate:	2025	/10	/06	14:	1
Last ui	buate:	2023	/TU	סט/	14:	1

- □ cuff links
- □ shirts
- □ jacket
- □ umbrella

• **□** Toiletries

- $\circ \square$ razor
- ∘ □ ibuprofen
- $\circ \Box$ diphenhydramine
- ∘ □ glasses
- \circ \square contacts
- ∘ □ contact fluid

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