Domestic Packing List

 □ CREATE website handbook of
○ □ flight info
○ □ airline customer service number
$\circ\;\square$ airport map with gates
○ □ hotel address (linked), phone number, hotel shuttle
• □ SAVE and FAVORITE on phone
○ □ airline customer service phone number
• □ BUY before leaving**
$\circ \; \Box$ frozen meal ready at home for return date
$\circ\;\square$ protein bars for flight over and back
• □ EDC
∘ □ pen (2)
○ □ pocket notebook
□ credit cards (2)
∘ □ state ID
□ Personal Effects
$\circ\; \square$ contact friends in destination city
○ □ haircut within 4 weeks
$\circ\; \square$ empty water bottle
∘ □ normal notebook
∘ □ reading book
$\circ\; \square$ noise-cancelling headphones
• Electronics
○ □ USB-A> Thunderbolt
∘ □ USB-A> USB-C
∘ □ USB-C> wall
$\circ \; \square$ wall outlet adapter
○ □ laptop with charger
∘ □ phone with charger
∘ □ iPad or Switch
∘ □ powerbank
• DOWNLOAD onto phone
□ transit app □ □ □ □ □ □ □ □ □
∘ ☐ hotel app
○ □ conference app
∘ □ airline app
• 🗆 Clothes
∘ □ Fly Days
■ □ slip-on shoes
■ □ compression socks
■ □ jacket
■ □ button down with chest pocket
∘ ☐ Ground Days
■ □ shoes (practical)
■ □ shoes (formal)
■ □ socks
■ □ underwear
■ □ ties

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- □ cuff links
- □ shirts
- □ jacket
- □ umbrella

• **□** Toiletries

- $\circ \square$ razor
- ∘ □ ibuprofen
- $\circ \Box$ diphenhydramine
- ∘ □ glasses
- \circ \square contacts
- ∘ □ contact fluid

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