

## Clinic Prep

```
.....  
time:  
name:  
NL4:  
  
RFV:  
Checks:  
  [] LDCT:  
  [] PFTs:  
Results pending:  
  []  
Next Steps:  
  []
```

## Clinic Note

### Assessment / Plan

@@-year-old with history of x, initially admitted for X, now with x.

@@

### Recommendations

- xxx
- xxx

### Subjective

-

### Environmental exposures:

- [ ] oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
- [ ] hot tub use
- [ ] pets/ birds at home
- [ ] playing any wind instruments
- [ ] hobbies such as wood working
- [ ] mold/water damage in the house

### Military-specific exposures:

- [ ] Agent orange - Vietnam War
- [ ] Depleted Uranium - Gulf War
- [ ] Asbestos - Navy due to shipyards
- [ ] Mustard gas – WWI
- [ ] Particulate matter

☐ Burn pit  
☐ Chromium

Occupational exposures outside the military :

☐ Asbestos - construction workers, electricians, mining, railroad, fire fighters  
☐ Ionizing radiation - uranium mining  
☐ Vinyl chloride - pulp & paper workers  
☐ Arsenic - smelting of ores, pesticide application, wood preservation  
☐ Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers  
☐ chromium - stainless steel production, welding, tanning industries  
☐ Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

PMH:

|ACTIVE PROBLEMS|

Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|  
|999Y1 PNEUMO|  
|999Y1 FLU,WHOLE|

SH:

Functional status: @@

☐ fully independent in ADLs and IADLs  
☐ uses cane at baseline  
☐ uses walker at baseline  
☐ uses wheelchair at baseline  
☐ uses oxygen at baseline

☐ Tobacco Smoking –

Age of onset of smoking: years

Duration of smoking: years

Maximum packs/day:

Current cigarettes /day:

Any alternate tobacco product

☐ cigar,  
☐ pipe,  
☐ waterpipe  
☐ Vape/e cigarettes  
☐ Second hand smoking  
☐ Indoor emission from household combustion  
☐ Outdoor air pollution

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue  
Eyes: No itchy, watery eyes, no blurry vision  
ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip  
Skin: No Rash  
CV: No chest pain, palpitations, PND, orthopnea  
Respiratory: As above.  
GI: No heartburn  
MSK: No joint pains/myalgias  
Neuro: No numbness/tingling

## Objective

### Vitals:

|VITALS|

### Exam:

General: NAD, alert, WD, WN  
Eyes: PERRL, no scleral icterus  
ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@  
Skin: warm, intact, no rashes  
Neck: ROM and lymph node assessment  
LN: axillary, supra-clavicular, and inguinal lymph node assessment  
CV: RRR, no MRG, nl S1 and S2, no peripheral edema  
Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis  
Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly  
Neuro: Awake alert oriented to person place time and situation

Labs & Imaging: All labs and imaging within past 24 hr personally reviewed by me.

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

## Clinic, Lung Mass

### Lung Mass Consult:

Reason for Referral: Nodule / Mass in

### HPI:

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## PMH:

|ACTIVE PROBLEMS|

## Medications:

|ACTIVE MEDICATIONS|

## Allergies:

|ALLERGIES/ADR|

|999Y1 PNEUMO|

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## SH:

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Age of onset of smoking: years

Duration of smoking: years

Maximum packs/day:

Current cigarettes /day:

Any alternate tobacco product

☐ cigar,

☐ pipe,

☐ waterpipe

☐ Vape/e cigarettes

☐ Second hand smoking

☐ Indoor emission from household combustion

☐ Outdoor air pollution

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## FH:

- ☐ Relatives with hx of lung cancer
- ☐ Relatives with other types of cancer
- ☐ Family history of lung disease:

## STOP-BANG Score:

- ☐ Snoring - do you snore loudly?
- ☐ Tired - do you feel tired, fatigued, or sleepy during daytime?
- ☐ Observed apneas?
- ☐ Pressure - hx of high blood pressure?
- ☐ BMI?
- ☐ Age > 50?
- ☐ Neck circumference: > 16 inch or 40 cm collar?
- ☐ Male Gender

## Hx of Anesthesia reactions:

- ☐ Prior surgeries and anesthesia reactions
- ☐ Hx of difficult intubation
- ☐ Family Hx of malignant hyperthermia

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## Data:

|PFT |  
|CHEST 2 VIEWS PA&LAT|  
|CHEST CT|

<https://www.mdcalc.com/calc/3910/duke-activity-status-index-dasi>

ASA grade:

- [ ] ASA I - normal healthy patient
- [ ] ASA II - a patient with mild systemic disease
- [ ] ASA III - a patient with severe systemic disease
- [ ] ASA IV - a patient with severe systemic disease that is a constant threat to life

Karnofsky Performance Status Scale ([mdcalc.com](https://www.mdcalc.com))

Assessment: Solitary Pulmonary Nodule Malignancy Risk ([medscape.com](https://www.medscape.com))

Plan:

I discussed the above plan with the attending, Dr. Janaki Deepak.

IP attending Dr. was also present to staff this patient

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