

Clinic Prep

```
.....  
time:  
name:  
NL4:  
  
RFV:  
Checks:  
  [] LDCT:  
  [] PFTs:  
Results pending:  
  []  
Next Steps:  
  []
```

Clinic Note

Assessment / Plan

@@-year-old with history of x, initially admitted for X, now with x.

@@

Recommendations

- xxx
- xxx

Subjective

-

Environmental exposures:

- [] oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
- [] hot tub use
- [] pets/ birds at home
- [] playing any wind instruments
- [] hobbies such as wood working
- [] mold/water damage in the house

Military-specific exposures:

- [] Agent orange - Vietnam War
- [] Depleted Uranium - Gulf War
- [] Asbestos - Navy due to shipyards
- [] Mustard gas – WWI
- [] Particulate matter

☐ Burn pit
☐ Chromium

Occupational exposures outside the military :

☐ Asbestos - construction workers, electricians, mining, railroad, fire fighters
☐ Ionizing radiation - uranium mining
☐ Vinyl chloride - pulp & paper workers
☐ Arsenic - smelting of ores, pesticide application, wood preservation
☐ Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers
☐ chromium - stainless steel production, welding, tanning industries
☐ Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

PMH:

|ACTIVE PROBLEMS|

Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|
|999Y1 PNEUMO|
|999Y1 FLU,WHOLE|

SH:

Functional status: @@

☐ fully independent in ADLs and IADLs
☐ uses cane at baseline
☐ uses walker at baseline
☐ uses wheelchair at baseline
☐ uses oxygen at baseline

☐ Tobacco Smoking –

Age of onset of smoking: years

Duration of smoking: years

Maximum packs/day:

Current cigarettes /day:

Any alternate tobacco product

☐ cigar,
☐ pipe,
☐ waterpipe
☐ Vape/e cigarettes
☐ Second hand smoking
☐ Indoor emission from household combustion
☐ Outdoor air pollution

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue
Eyes: No itchy, watery eyes, no blurry vision
ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip
Skin: No Rash
CV: No chest pain, palpitations, PND, orthopnea
Respiratory: As above.
GI: No heartburn
MSK: No joint pains/myalgias
Neuro: No numbness/tingling

Objective

Vitals:

|VITALS|

Exam:

General: NAD, alert, WD, WN
Eyes: PERRL, no scleral icterus
ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@
Skin: warm, intact, no rashes
Neck: ROM and lymph node assessment
LN: axillary, supra-clavicular, and inguinal lymph node assessment
CV: RRR, no MRG, nl S1 and S2, no peripheral edema
Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis
Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly
Neuro: Awake alert oriented to person place time and situation

Labs & Imaging: All labs and imaging within past 24 hr personally reviewed by me.

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

Clinic, Lung Mass

Lung Mass Consult:

Reason for Referral: Nodule / Mass in

HPI:

Environmental exposures:

[] oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
[] hot tub use
[] pets/ birds at home

☐ playing any wind instruments
☐ hobbies such as wood working
☐ mold/water damage in the house

PMH:

|ACTIVE PROBLEMS|

Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|

|999Y1 PNEUMO|

|999Y1 FLU,WHOLE|

SH:

☐ Tobacco Smoking –

Age of onset of smoking: years

Duration of smoking: years

Maximum packs/day:

Current cigarettes /day:

Any alternate tobacco product

☐ cigar,

☐ pipe,

☐ waterpipe

☐ Vape/e cigarettes

☐ Second hand smoking

☐ Indoor emission from household combustion

☐ Outdoor air pollution

Military-specific exposures:

☐ Agent orange - Vietnam War

☐ Depleted Uranium - Gulf War

☐ Asbestos - Navy due to shipyards

☐ Mustard gas – WWI

☐ Particulate matter

☐ Burn pit

☐ Chromium

Occupational exposures outside the military :

☐ Asbestos - construction workers, electricians, mining, railroad, fire fighters

☐ Ionizing radiation - uranium mining

☐ Vinyl chloride - pulp & paper workers

☐ Arsenic - smelting of ores, pesticide application, wood preservation

☐ Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers

☐ chromium - stainless steel production, welding, tanning industries

☐ Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

FH:

- ☐ Relatives with hx of lung cancer
- ☐ Relatives with other types of cancer
- ☐ Family history of lung disease:

STOP-BANG Score:

- ☐ Snoring - do you snore loudly?
- ☐ Tired - do you feel tired, fatigued, or sleepy during daytime?
- ☐ Observed apneas?
- ☐ Pressure - hx of high blood pressure?
- ☐ BMI?
- ☐ Age > 50?
- ☐ Neck circumference: > 16 inch or 40 cm collar?
- ☐ Male Gender

Hx of Anesthesia reactions:

- ☐ Prior surgeries and anesthesia reactions
- ☐ Hx of difficult intubation
- ☐ Family Hx of malignant hyperthermia

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue

Eyes: No itchy, watery eyes, no blurry vision

ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip

Skin: No Rash

CV: No chest pain, palpitations, PND, orthopnea

Respiratory: As above.

GI: No heartburn

MSK: No joint pains/myalgias

Neuro: No numbness/tingling

Exam:

VS:

|VITALS|

General: NAD, alert, WD, WN

Eyes: PERRL, no scleral icterus

ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@

Skin: warm, intact, no rashes

Neck: ROM and lymph node assessment

LN: axillary, supra-clavicular, and inguinal lymph node assessment

CV: RRR, no MRG, nl S1 and S2, no peripheral edema

Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis

Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly

Neuro: Awake alert oriented to person place time and situation

Data:

|PFT |
|CHEST 2 VIEWS PA&LAT|
|CHEST CT|

<https://www.mdcalc.com/calc/3910/duke-activity-status-index-dasi>

ASA grade:

- ☐ ASA I - normal healthy patient
- ☐ ASA II - a patient with mild systemic disease
- ☐ ASA III - a patient with severe systemic disease
- ☐ ASA IV - a patient with severe systemic disease that is a constant threat to life

Karnofsky Performance Status Scale ([mdcalc.com](https://www.mdcalc.com))

Assessment: Solitary Pulmonary Nodule Malignancy Risk ([medscape.com](https://www.medscape.com))

Plan:

I discussed the above plan with the attending, Dr. Janaki Deepak.

IP attending Dr. was also present to staff this patient

From:

<https://ewrobbins.com/> - ewrobbins.com

Permanent link:

https://ewrobbins.com/doku.php?id=ummc:va:cprs_templates

Last update: **2023/12/18 14:51**

