

## Clinic Prep

.....

time:

name:

NL4:

RFV:

Checks:

LDCT:

PFTs:

Results pending:

Next Steps:

## Clinic Note

### Assessment / Plan

@@-year-old with history of x, initially admitted for X, now with x.

@@

### Recommendations

- XXX
- XXX

### Subjective

-

### ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue

Eyes: No itchy, watery eyes, no blurry vision

ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip

Skin: No Rash

CV: No chest pain, palpitations, PND, orthopnea

Respiratory: As above.

GI: No heartburn

MSK: No joint pains/myalgias

Neuro: No numbness/tingling

### Objective

### Vitals:

## |VITALS|

### Exam:

General: NAD, alert, WD, WN

Eyes: PERRL, no scleral icterus

ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@

Skin: warm, intact, no rashes

Neck: ROM and lymph node assessment

LN: axillary, supra-clavicular, and inguinal lymph node assessment

CV: RRR, no MRG, nl S1 and S2, no peripheral edema

Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis

Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly

Neuro: Awake alert oriented to person place time and situation

Labs & Imaging: All labs and imaging within past 24 hr personally reviewed by me.

|PFT|

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

## Clinic, Lung Mass

Lung Mass Consult:

Reason for Referral: Nodule / Mass in

HPI:

Environmental exposures:

- oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
- hot tub use
- pets/ birds at home
- playing any wind instruments
- hobbies such as wood working
- mold/water damage in the house

PMH:

|ACTIVE PROBLEMS|

Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|

|999Y1 PNEUMO|

| 999Y1 FLU,WHOLE |

SH:

[ ] Tobacco Smoking –  
Age of onset of smoking: years  
Duration of smoking: years  
Maximum packs/day:  
Current cigarettes /day:

Any alternate tobacco product  
[ ] cigar,  
[ ] pipe,  
[ ] waterpipe  
[ ] Vape/e cigarettes  
[ ] Second hand smoking  
[ ] Indoor emission from household combustion  
[ ] Outdoor air pollution

Military-specific exposures:

[ ] Agent orange - Vietnam War  
[ ] Depleted Uranium - Gulf War  
[ ] Asbestos - Navy due to shipyards  
[ ] Mustard gas – WWI  
[ ] Particulate matter  
[ ] Burn pit  
[ ] Chromium

Occupational exposures outside the military :

[ ] Asbestos - construction workers, electricians, mining, railroad, fire fighters  
[ ] Ionizing radiation - uranium mining  
[ ] Vinyl chloride - pulp & paper workers  
[ ] Arsenic - smelting of ores, pesticide application, wood preservation  
[ ] Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers  
[ ] chromium - stainless steel production, welding, tanning industries  
[ ] Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

FH:

[ ] Relatives with hx of lung cancer  
[ ] Relatives with other types of cancer  
[ ] Family history of lung disease:

STOP-BANG Score:

[ ] Snoring - do you snore loudly?  
[ ] Tired - do you feel tired, fatigued, or sleepy during daytime?  
[ ] Observed apneas?  
[ ] Pressure - hx of high blood pressure?  
[ ] BMI?  
[ ] Age > 50?

- Neck circumference: > 16 inch or 40 cm collar?
- Male Gender

Hx of Anesthesia reactions:

- Prior surgeries and anesthesia reactions
- Hx of difficult intubation
- Family Hx of malignant hyperthermia

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue

Eyes: No itchy, watery eyes, no blurry vision

ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip

Skin: No Rash

CV: No chest pain, palpitations, PND, orthopnea

Respiratory: As above.

GI: No heartburn

MSK: No joint pains/myalgias

Neuro: No numbness/tingling

Exam:

VS:

|VITALS|

General: NAD, alert, WD, WN

Eyes: PERRL, no scleral icterus

ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@

Skin: warm, intact, no rashes

Neck: ROM and lymph node assessment

LN: axillary, supra-clavicular, and inguinal lymph node assessment

CV: RRR, no MRG, nl S1 and S2, no peripheral edema

Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis

Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly

Neuro: Awake alert oriented to person place time and situation

Data:

|PFT |  
|CHEST 2 VIEWS PA&LAT|  
|CHEST CT|

<https://www.mdcalc.com/calc/3910/duke-activity-status-index-dasi>

ASA grade:

- ASA I - normal healthy patient
- ASA II - a patient with mild systemic disease
- ASA III - a patient with severe systemic disease
- ASA IV - a patient with severe systemic disease that is a constant threat to life

Karnofsky Performance Status Scale ([mdcalc.com](https://mdcalc.com))

Assessment: Solitary Pulmonary Nodule Malignancy Risk ([medscape.com](https://medscape.com))

Plan:

I discussed the above plan with the attending, Dr. Janaki Deepak.

IP attending Dr. was also present to staff this patient

From:

<https://ewrobbins.com/> - **ewrobbins.com**



Permanent link:

[https://ewrobbins.com/doku.php?id=ummc:va:cprs\\_templates&rev=1702910873](https://ewrobbins.com/doku.php?id=ummc:va:cprs_templates&rev=1702910873)

Last update: **2023/12/18 14:47**