

# Clinic Prep

```

.....
time:
name:
NL4:

RFV:
Checks:
  [] LDCT:
  [] PFTs:
Results pending:
  []
Next Steps:
  []

```

# Clinic Note

## Assessment / Plan

@@-year-old with history of x, initially admitted for X, now with x.

@@

## Recommendations

- xxx
- xxx

## Subjective

-

## Environmental exposures:

- [ ] oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
- [ ] hot tub use
- [ ] pets/ birds at home
- [ ] playing any wind instruments
- [ ] hobbies such as wood working
- [ ] mold/water damage in the house

## PMH:

|ACTIVE PROBLEMS|

## Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|  
|999Y1 PNEUMO|  
|999Y1 FLU,WHOLE|

SH:

[ ] Tobacco Smoking –  
Age of onset of smoking: years  
Duration of smoking: years  
Maximum packs/day:  
Current cigarettes /day:

Any alternate tobacco product

[ ] cigar,  
[ ] pipe,  
[ ] waterpipe  
[ ] Vape/e cigarettes  
[ ] Second hand smoking  
[ ] Indoor emission from household combustion  
[ ] Outdoor air pollution

Military-specific exposures:

[ ] Agent orange - Vietnam War  
[ ] Depleted Uranium - Gulf War  
[ ] Asbestos - Navy due to shipyards  
[ ] Mustard gas – WWI  
[ ] Particulate matter  
[ ] Burn pit  
[ ] Chromium

Occupational exposures outside the military :

[ ] Asbestos - construction workers, electricians, mining, railroad, fire fighters  
[ ] Ionizing radiation - uranium mining  
[ ] Vinyl chloride - pulp & paper workers  
[ ] Arsenic - smelting of ores, pesticide application, wood preservation  
[ ] Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers  
[ ] chromium - stainless steel production, welding, tanning industries  
[ ] Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue  
Eyes: No itchy, watery eyes, no blurry vision  
ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip  
Skin: No Rash  
CV: No chest pain, palpitations, PND, orthopnea  
Respiratory: As above.  
GI: No heartburn

MSK: No joint pains/myalgias

Neuro: No numbness/tingling

## Objective

Vitals:

|VITALS|

Exam:

General: NAD, alert, WD, WN

Eyes: PERRL, no scleral icterus

ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@

Skin: warm, intact, no rashes

Neck: ROM and lymph node assessment

LN: axillary, supra-clavicular, and inguinal lymph node assessment

CV: RRR, no MRG, nl S1 and S2, no peripheral edema

Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis

Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly

Neuro: Awake alert oriented to person place time and situation

Labs & Imaging: All labs and imaging within past 24 hr personally reviewed by me.

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

## Clinic, Lung Mass

Lung Mass Consult:

Reason for Referral: Nodule / Mass in

HPI:

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FH:

[ ] Relatives with hx of lung cancer

[ ] Relatives with other types of cancer

[ ] Family history of lung disease:

STOP-BANG Score:

- [ ] Snoring - do you snore loudly?
- [ ] Tired - do you feel tired, fatigued, or sleepy during daytime?
- [ ] Observed apneas?
- [ ] Pressure - hx of high blood pressure?
- [ ] BMI?
- [ ] Age > 50?
- [ ] Neck circumference: > 16 inch or 40 cm collar?
- [ ] Male Gender

Hx of Anesthesia reactions:

- [ ] Prior surgeries and anesthesia reactions
- [ ] Hx of difficult intubation
- [ ] Family Hx of malignant hyperthermia

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Data:

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

<https://www.mdcalc.com/calc/3910/duke-activity-status-index-dasi>

ASA grade:

- ASA I - normal healthy patient
- ASA II - a patient with mild systemic disease
- ASA III - a patient with severe systemic disease
- ASA IV - a patient with severe systemic disease that is a constant threat to life

Karnofsky Performance Status Scale ([mdcalc.com](http://mdcalc.com))

Assessment: Solitary Pulmonary Nodule Malignancy Risk ([medscape.com](http://medscape.com))

Plan:

I discussed the above plan with the attending, Dr. Janaki Deepak.

IP attending Dr. was also present to staff this patient

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