

Clinic Prep

```
.....  
time:  
name:  
NL4:  
  
RFV:  
Checks:  
  [] LDCT:  
  [] PFTs:  
Results pending:  
  []  
Next Steps:  
  []
```

Clinic Note

Assessment / Plan

@@-year-old with history of x, initially admitted for X, now with x.

@@

Recommendations

- xxx
- xxx

Subjective

-

Environmental exposures:

- [] oil diffusers/scented candles/glade/Airwick plugins/incense sticks/ oil in humidifiers
- [] hot tub use
- [] pets/ birds at home
- [] playing any wind instruments
- [] hobbies such as wood working
- [] mold/water damage in the house

PMH:

|ACTIVE PROBLEMS|

Medications:

|ACTIVE MEDICATIONS|

Allergies:

|ALLERGIES/ADR|
|999Y1 PNEUMO|
|999Y1 FLU,WHOLE|

SH:

[] Tobacco Smoking –
Age of onset of smoking: years
Duration of smoking: years
Maximum packs/day:
Current cigarettes /day:

Any alternate tobacco product

[] cigar,
[] pipe,
[] waterpipe
[] Vape/e cigarettes
[] Second hand smoking
[] Indoor emission from household combustion
[] Outdoor air pollution

Military-specific exposures:

[] Agent orange - Vietnam War
[] Depleted Uranium - Gulf War
[] Asbestos - Navy due to shipyards
[] Mustard gas – WWI
[] Particulate matter
[] Burn pit
[] Chromium

Occupational exposures outside the military :

[] Asbestos - construction workers, electricians, mining, railroad, fire fighters
[] Ionizing radiation - uranium mining
[] Vinyl chloride - pulp & paper workers
[] Arsenic - smelting of ores, pesticide application, wood preservation
[] Beryllium - ceramic workers, missile technicians, nuclear reactor workers, jewelers
[] chromium - stainless steel production, welding, tanning industries
[] Nickel - battery makers, ceramic makers, electroplaters, glass workers, jewelers, metal workers & welders, painters

ROS:

Constitutional: No fevers, chills, sweats, weight change, or fatigue
Eyes: No itchy, watery eyes, no blurry vision
ENMT: No sinus/nasal congestion, rhinorrhea, post-nasal drip
Skin: No Rash
CV: No chest pain, palpitations, PND, orthopnea
Respiratory: As above.
GI: No heartburn

MSK: No joint pains/myalgias

Neuro: No numbness/tingling

Objective

Vitals:

|VITALS|

Exam:

General: NAD, alert, WD, WN

Eyes: PERRL, no scleral icterus

ENMT: oropharynx clear, good dentition, no oral lesions, mallampati score @@

Skin: warm, intact, no rashes

Neck: ROM and lymph node assessment

LN: axillary, supra-clavicular, and inguinal lymph node assessment

CV: RRR, no MRG, nl S1 and S2, no peripheral edema

Resp: clear to auscultation bilaterally, no wheezes, rales, or rhonchi, normal effort, no clubbing/cyanosis

Abdom: Normoactive bowel sounds, soft, nontender, nondistended, no hepatosplenomegaly

Neuro: Awake alert oriented to person place time and situation

Labs & Imaging: All labs and imaging within past 24 hr personally reviewed by me.

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

Clinic, Lung Mass

Lung Mass Consult:

Reason for Referral: Nodule / Mass in

HPI:

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FH:

[] Relatives with hx of lung cancer

[] Relatives with other types of cancer

[] Family history of lung disease:

STOP-BANG Score:

[] Snoring - do you snore loudly?
[] Tired - do you feel tired, fatigued, or sleepy during daytime?
[] Observed apneas?
[] Pressure - hx of high blood pressure?
[] BMI?
[] Age > 50?
[] Neck circumference: > 16 inch or 40 cm collar?
[] Male Gender

Hx of Anesthesia reactions:

[] Prior surgeries and anesthesia reactions
[] Hx of difficult intubation
[] Family Hx of malignant hyperthermia

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Data:

|PFT |

|CHEST 2 VIEWS PA&LAT|

|CHEST CT|

<https://www.mdcalc.com/calc/3910/duke-activity-status-index-dasi>

ASA grade:

- ☐ ASA I - normal healthy patient
- ☐ ASA II - a patient with mild systemic disease
- ☐ ASA III - a patient with severe systemic disease
- ☐ ASA IV - a patient with severe systemic disease that is a constant threat to life

Karnofsky Performance Status Scale (mdcalc.com)

Assessment: Solitary Pulmonary Nodule Malignancy Risk (medscape.com)

Plan:

I discussed the above plan with the attending, Dr. Janaki Deepak.

IP attending Dr. was also present to staff this patient

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